

Noorat Primary School

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Principal: Mrs. Ilona Watkins

School Newsletter Term 1 2023 | Issue 1

A Word From The Principal

Welcome to our first newsletter of 2023. Hopefully, all families had a wonderful summer break and are now ready to get back into the school year. All students have done a brilliant job at settling in and learning their new classroom routines, showing respect and care towards each other. We are so excited for the year ahead given the positivity already felt within our school community.

Welcome to school in 2023

Our very important little people have had a fantastic start to school life with Miss Horsnell. Trinity and Harrison have been exploring their learning community and the school yard, whilst easily making friends and joining in with their peers. We also welcome Jess and Tim into our school community – I am sure everyone has already made them feel welcome.

As I often say, when you enrol a student here at Noorat Primary School, the whole family becomes part of the school community. We welcome all families to be involved in school life and feel you can support your child's learning by participating in school events and activities like sports day, PFA (Parents & Friends Association), School Council projects, parent nights and celebration days.

Our parent information handbook has been updated and will be posted to Dojo next week. Many of the day-to-day operations and processes at school are in the booklet. There will be a couple of

copies at the Office if you require a printed version.

Principal

Nona Watkins

School News

School Council

Parent nominations are now being taken for this year's School Council. School Council plays an extremely important role of governance and community leadership. The School Council has particular functions in supporting and monitoring the school's direction. School Council's have three main responsibilities; finance, strategic planning & policy development and review. We would **love** new members to make our School Council even stronger. If you are interested, nomination forms are attached to this newsletter and can be returned to the Office by Friday, February 24th.

Outside of School Hours Care (OSHC)

We are still seeking a staff member to run our before and after school care program to assist our working families at Noorat Primary School. Please spread the word so we can continue offering the much-needed full service once again to all families.

A massive thank you to Grace who has stepped in this past fortnight to do morning shifts.

Hands on Learning

We are continuing our specialized Hands on Learning program again at Noorat this year, but will unfortunately, be saying goodbye to Sandy. She, along with Anthony are taking on a new adventure together which has her finishing up at the end of February. Job ID 1330607 on Recruitment Online.

Morning Supervision

Students should arrive at school no earlier than 8.30am with supervision commencing from 8.45am. A bell will sound at this time to allow students into the classrooms to prepare for their days learning. Bus travellers are, of course, welcomed into classrooms when they arrive at school where they will be able to read or draw / colour.

Annual Privacy Policy Reminder

Department of Education schools collect, use, disclose and store student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy. For more information about privacy, refer to: Schools Privacy Policy – information for parents. Click https://www.education.vic.gov.au/Pages/privacy.aspx

Welcome to School BBQ

Tuesday 14th Feb.

5.30 — 7.00pm

with a School Council Meeting to follow

BRING ALONG A SALAD OR SWEET TO SHARE

BBQ meat & bread + condiments supplied

BYO chairs or picnic blanket, plates, cutlery & drinks (no alcohol)



SCHOOL BREAKFAST CLUB

EVERY MONDAY, WEDNESDAY & FRIDAY
MORNING
8.30 - 8.50AM

Not only do we remove the barrier of children being hungry and having difficulties learning, but children also form positive relationships with their peers. staff and volunteers*.

*We would love anyone available to come and help, either weekly or whenever possible.

ALL volunteers must provide a copy of their Working With Children's Check to the Office.

MARC Library

MARC Library 2023

Newsletter Term 1

Welcome to MARC library for 2023! Hope you all had a wonderful Christmas and New Year and were able to enjoy some quality time with family and friends during the holiday break. I managed to do lots of reading...and of



Mobile Area Resource Centre

course book buying! I am very excited to be heading back into schools and can't wait to catch up with students and staff. Please take the time to read this first newsletter for the year, as it includes some important information and reminders.

There is a change to the delivery of the MARC library program across the six participating MARC schools for 2023. Christina White and I will be sharing the MARC role throughout the year. I will be in the 0.6 role which is 3 days a week and Christina White will be delivering the program on the other 2 days. I will continue to deliver the program at Panmure, Cudgee and Noorat for 2023. I am also returning to Nullawarre Primary School this year and very much look forward to seeing some old faces...and I am sure there are lots of new faces as well. Christina will be providing the MARC service at Grasmere and Woolsthorpe.

It is exciting to announce that all schools will receive weekly visits from the MARC van this year. Please carefully read the timetable below for further detailed information regarding your MARC Library scheduled visit:

Monday	Chris Howlett	PANMURE	9.15-10.45
9919 770000		CUDGEE	11.30-3.15
Tuesday	Chris Howlett	NULLAWARRE	9.00-1.45
		PANMURE	2.25-3.25
Wednesday	Chris Howlett	NOORAT Travel/	9.00-12.15
		Fuel-Up BASE-	12.15-1.00
		Panmure P.S	1.00-3.30
Thursday	Christina White	GRASMERE	ALL DAY
Friday	Christina White	WOOLSTHORPE	ALL DAY



MARC Library

Christina and I are looking forward to working closely together to plan and implement effective MARC lessons, so that they are engaging and purposeful for all students. Borrowing will continue to be a huge focus and students will be encouraged to make good choices when selecting their reading material. A wide range of popular fiction and non-fiction books have been purchased over the holidays and are now are available for loan, as well a many new releases and student book requests.

CARE OF MARC LIBRARY BOOKS

There are some concerns regarding the number of books that were returned damaged at the end of last year. We will speak to all students about the importance of caring for books during the first MARC lesson of the year. Please remind your children to take excellent care of any MARC Library books that are borrowed. They are responsible for the care and safe return of any borrowed items. MARC books that are damaged or lost, will need to be replaced and the family concerned will be billed accordingly.



LIBRARY BAGS

All students will need a library bag if they wish to borrow. It just needs to be durable and preferably waterproof. We do have a NO PLASTIC SHOPPING BAG policy on the MARC van. Special MARC library bags with a logo are available for purchase at \$7.00 each. These can be purchased on the day that the MARC van visits your school.

It is also a policy of the MARC Committee of Management that **all Prep students receive a MARC Library bag at the start of the school year.** These are provided at no cost to the Prep students and will be distributed on the first MARC borrowing day of the year at your school.

COMMUNICATION

Regular MARC newsletter items will be added to school newsletters which will outline the MARC program for each term, provide important dates and report on any special events or student activities. A reminder to please 'like' the Panmure MARC Facebook page. This platform is also an important form of communication between the MARC teachers, schools, and parents. It also enables you to contact us via messenger. There is also a MARC online catalogue that is continually updated and can be accessed at any time. It allows you to search for books that are available for loan from the MARC Library. The website is as follows:

http://bookmark.central.sa.edu.au/panmure.htm

We are both looking forward to returning into schools, starting the week beginning on Monday February 6th. Please do not hesitate to contact either of us if you have any concerns or queries at any time throughout the year.

Chris Howlett
Christina White
MARC Library Teachers

What's Happening in the Classroom

2023 will be a year of RESILIENCE!

FRIENDSHIP



LEARNING!



ADAPTABILITY!



ADVENTURE!

FUN!

Excellence, Care, Respect and Responsibility

Kitchen Garden

We've planted cucumbers, strawberries, snow peas, beans and leeks, as well as potatoes. Our new watering system is all set to go. We also have full plum trees and apples – we will be busy in the kitchen next week!













Excellence, Care, Respect and Responsibility

FOR A HEALTHY LUNCHBOX PICK & MIX SOMETHING FROM EACH GROUP 1:61



Developed in conjunction with the Achievement Program to support a whole-school approach to healthy eating.





FOR A HEALTHY LUNCHBOX





6



FRESH FRUIT

FRUIT

- Mandarin
- Orange quarters
 Passionfruit halves (with spoon)
- Watermelon, honeydew,
- rockmelon chunks
- Grapes
- PlumsNectarines, peaches,
- Apricots
- Strawberries
- Cherries
 Kiwifruit halves (with spoon) · Pear

MIXED FRUIT

- Fruit salad
 Fruit kebabs
- DRIED FRUIT

Dried fruit, nut, popcorn mixes*

TINNED FRUIT/SNACK PACKS/CUPS

In natural juice (not syrup)



VEGETABLES 2



FRESH CRUNCHY VEGIES

- Capsicum sticks
- Green beans
 Cucumber sticks
 Celery sticks

- Snow peas Tomatoes (e.g. cherry and Roma tomatoes) Mushroom pieces

Can serve with either:

- · Tomato salsa
- Tatziki
 Beetroot dip
- Natural yoghurt

- Coleslaw and potato salad (reduced fat dressing) Mexican bean, tomato,
- lettuce and cheese salad

· Pesto pasta salad* BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- · Vegetable slice (with grated zucchini and carrot)

SOUP (In small thermos)

- Pumpkin soup
- · Potato and leak soup Chicken and corn soup

MILK, YOGHURT 3

- Calcium-enriched soy and other plant-based milks
 Yoghurt (frozen overnight)
 Custard

Freeze the night before to keep cool during the day

- · Cheese cubes, sticks or
- slices

 Cottage or ricotta cheese
- Cream che
- Tatziki dip

- Can serve with either:
- Fruit
 Wholegrain cereal,
- low in sugar

 Vegetable sticks

- Rice and corn cakes · Wholegrain wheat crackers

MEAT OR MEAT 4

- Tinned tuna or salmon in
- springwater
 Lean roast or grilled meats
- (e.g. beef, chicken, kangaroo)
- Falafel balls
 Lean meat or chicken patties
 Tinned tuna or salmon
- patties
- · Lean deli meats
- (e.g. ham, silverside, chicken) Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Lean meat or chicken
- kebab sticks

Can serve with:

- Wholegrain sandwich, roll, pita or wrap bread with salad Rice and corn cakes
- Wholearain wheat crackers
- · Vegetable frittata Skinless chicken drumsticks Savoury muffins or scones
- (e.a. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

- · Side salad
- Steamed or roasted vegetables

GRAIN AND CEREAL FOOD 5

- WrapsSandwiches
- · Togsted sandwiches
- Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccaclas, fruit bread and
- Enalish muffins.
- Pasta dishes
- Rice, quinoa or cous cous dishesNoodle dishes
- Sushi

SAVORY BAKED ITEMS

- Homemade pizzas Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins Pasta or noodle bake

SWEET BAKED ITEMS

- Wholemeal fruit based muffins
- High fibre, low sugar cereal (e.g. muesli)
 English muffins
- Crackers
- Crispreads
 Rice cakes
- · Corn thins Wholemeal scones
- Crumpets Hot cross buns (no icing)

WATER

 Take a water bottle (for refilling throughout the day)

 Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They intake if consumed in large

amounts. confectionery should not be provided in lunchboxes. They can lead to excess energy

intake and tooth decay.



*Check your school's policy regarding the use of nuts and products containing nuts.

or more information about healthy eating and for many tasty recipes, visit the the Healthy Eating Advisory Service: http://heas.health.vic.gov.au/

Community News













2023 VICTORIAN WESTERN REGIONAL SERIES

COBDEN

SKATE PARK COMPETITION



SATURDAY 25 FEBRUARY

21 Station St, Cobden

Free entry, all ages and abilities welcome



























REGISTER ON THE DAY OR ONLINE AT SKATEPARKLEAGUES.COM





Important Dates to Remember

TERM 1 CALENDAR DATES		
Tuesday 14 th Feb	Welcome to School BBQ – 5.30pm	
	School Council Meeting – 7.00pm	
Wednesday 22 nd Feb	Responsible Pet Program	
Friday 24 th Feb	Sandy's last day	
Saturday 25 th Feb	Noorat Garage Sale – PFA fundraiser	
Monday 6 th March	Athletics Sports Day	
Wednesday 8 th March	LOTE Day – no MARC	
Monday 13 th March	Labour Day Public Holiday	
Wednesday 15 th March	NAPLAN Commences	
	First day for Preps	
Tuesday 28 th March	School Council Meeting – 6.30pm	
Thursday 30 th March	Hockey Incursion	
Thursday 6 th April End of Term 1 – 2.30pm finish		

School Council Nomination Form

Form 3: self-nomination form for parent member category

I wish to declare my	candidacy for an elected position as a parent member on the school council.
Name	
Residential address	
Contact phone (mok	oile or landline)
Email	
I am the parent/gua	rdian ofwho is/are currently enrolled at this school.
Statement	
I am an employee of	the Department of Education and Training.
Yes / No (pled	ase circle)
I am an employee of	the school council.
Yes / No (pled	ase circle)
I am engaged in wor	k at and for the school.
Yes / No (pled	ase circle)
I am prepared to ser	ve as a parent member of the above-named school council. I hereby declare that:
I am not and have I am of sound mind	not been insolvent under administration within the last three years
	and guilty of an offence that is, or would if committed in Victoria be, an indictable offence
_	ole offender within the meaning of the Sex Offenders Registration Act 2004.
school council.	rom any medical condition that would affect my ability to perform the role of member of a
Signature of candid	ate Date/
You will be notifie	d when your nomination has been received.
process. The informa	ation provided in this form is collected as part of the school council election nomination ation may be used to determine your eligibility as a candidate. Your personal information may sult of inspection prior to the commencement of voting or at any time up to one year from the bil.
a prominent position membership catego notification whether	cluded in a list of school council candidates and nominators (where applicable) posted in at the school and for candidates, on a ballot paper (where applicable). Further, the name, rry, gender (optional), term of office, office held (if any) of school council members and the member is an employee of the Department will be forwarded to the Department of hing by the principal by 30 April each year as a record of council membership and may be surposes.
	personal information by contacting the principal on:
If you choose not to give some or all of the information requested your nomination may not be accepted. If you have any queries about the school council nomination process, please contact the principal.	